

805 SE Ellsworth Road
Vancouver WA 98664

(360) 892-7770
Fax: (360) 892-2018

office@goodshepherdvancouver.org
www.goodshepherdvancouver.org

newsletter submission:
goodnews@goodshepherdvancouver.org

Sunday Services
7:30am, 9:00am, 11:05am
Sunday School for all ages
during the school year 10:15am
Nursery Care 8:30-12:30

Midweek Service:
Tuesday 9:30 a.m.

Clergy
Rector
The Rev. Dr. Tom Warne, III
Associate Pastor
The Rev. Shelly Fayette

Senior Warden
Kelly Nolen

Junior Warden
Jim Green

Children's Ministries Leader
Kara Uhrich

Youth Ministries Leader
Elizabeth Sloan

**Director of
Good Shepherd Montessori**
Marcella Rush

Music Ministries Leader
Mikkel Iverson

**Stewardship Ministries
Leader**
Greg Rhodes

Outreach Worker
Barbara LeRoy

Faith Community Nurse
Helen Lehner

Administrative Leader
Anne Brown

LENT BEGINS MARCH 9

Lent is a time for reflection, quiet prayer, and consideration of how to live out God's plan in our lives. It is a time when we look at the past and consider the future. For many of us individually, Lent means subtraction and addition. We try to subtract some of the distractions in our life and we try to add disciplines that help us become more centered in Christ. If you are in need of assistance in preparing a Lenten discipline, please speak with one of the clergy.



Two Ash Wednesday Services - March 9

At 10:00 am and 7:00 pm on Ash Wednesday, March 9, there will be Holy Eucharist and the imposition of Ashes, special music of the season, and a sermon. Child-care will be offered at both services. Begin your Lenten journey and commit yourself to a holy and reflective Lent.

Lenten Meditation Booklets

The forty days of Lent provide a time to slow down, reflect on our Christian faith and prepare ourselves for the celebration and seasons of Easter. Lent is traditionally a time of prayer, reflection and fasting. It also gives us an opportunity to consider our relationships with our neighbors and the world, and find the resolve to make them whole. Episcopal Relief & Development's 2011 Lenten Meditations booklet is intended to help guide you through this time of contemplation. The meditations provide insights on the daily lectionary readings and how we might apply them to our lives as we face a world in need. Pick up your copy from the table in the church entryway or download at copy at www.er-d.org.

Lenten Soup Supper

The Rite 13 youth have the tradition of providing a soup supper and prayer service for the Good Shepherd community. The Lenten Soup Supper will be held **Sunday, March 13, at 5:30 pm** in the parish hall. Plan on joining the youth for this wonderful Lenten event! Please sign up in the church entryway.



Adult Ed for Lent: Anglican Ethos 101

Ever wondered what Anglicans think about Scripture or tradition? Or about how Anglicans talk about the inner life or about service in the world? Then join us for a 5-part series on Sunday mornings during Lent, 10:15-10:55, with a different teacher each week, to learn about the beauty and gifts of the Anglican way.

Thursday Light in Lent

All are welcome to walk their Lenten journey on Thursday evenings as a part of Thursday Light on March 17, 24, 31, April 7, 14. We will begin with Eucharist at 5:30, supper at 6:00, and classes from 6:45-8:15. The theme of the Lenten offerings is "Going Deep" and we will have opportunities to look at real issues in the world today as well as diving deeply into prayer and spiritual practice.

See page 4 for info on Bishop Rickel's Lenten Book Selection and Blog!

Invite a Friend to Church !

See What's Inside

News of the G.R.E.A.T. Group Page 3

Shrove Tuesday Pancake Supper
LA Group News
Daylight Savings Time Begins Mar. 13
Spring HYC Help Needed
Directory Assistance 411

Blood Drive Page 4

Advent Wreath Returns
Bishop Rickel's Lenten Book Recommendation
Heart of Wholeness Thanks

Spring Women's Retreat Page 5

Children's Prayer Walk
Seeking Discerning Hearts
Men's Spring Retreat
Saints and Sinners of the Silver Screen

Youth News Page 6

Inside Out & Upside Down on Main Street

Summer Office Volunteer Needed Page 7

Dirty Dishrag Ministry
Thank You from Vida's Ark
Chat with the Vestry
Newsletter Deadline Changes Ahead
Women's Celebration & Tea

THIS IS YOUR COMMUNITY

We invite you to share events and news of interest with the Good Shepherd community. See the back of this newsletter for due dates and contact information.

SERMONS ONLINE - Were you unable to come to church on Sunday? Sermons are available to listen to at www.goodshepherdvancouver.org. Click "sermons" on the top toolbar.

"We are people of God, committed to acting in love, seeking and serving Christ in the world, one another and ourselves."

Good Shepherd Activities

Mar. 7: G.R.E.A.T. Group Potluck
Mar. 8: Shrove Tues. Pancake Supper
Mar. 9: Ash Wed. Services
Mar. 13: Newsletter Deadline
Mar. 13: Daylight Savings Time Begins
Mar. 13: Lenten Soup Supper
Mar. 13: LA Group Brunch
Mar. 14: Blood Drive
Mar. 17: Thursday Light Lenten Series begins
Mar. 20: Movie Night
Mar. 24: Thursday Light
Mar. 25-27: HYC at Good Shepherd
Mar. 27: Newsletter Deadline
Mar. 31: Thursday Light
Apr. 3: Movie Night
Apr. 4: G.R.E.A.T. Group Potluck
Apr. 5: Vestry Chat
Apr. 7: Thursday Light
Apr. 10: LA Group Brunch
Apr. 14: Thursday Light
Apr. 16: Children's Prayer Walk of the Passion
Apr. 17: Palm Saturday
Apr. 18-23: Holy Week services
Apr. 24: Easter Sunday

HAVE YOU VISITED THE WEBSITE LATELY?

www.goodshepherdvancouver.org

RECEIVE YOUR GOOD NEWS BY EMAIL!

Send your email address to:
goodnews@vancouver.org

PLEASE REMEMBER! Our newsletter is posted online. For articles requiring contact information, please be aware this information may be viewed by anyone accessing the Good Shepherd website. For privacy concerns or other options, please contact us at goodnews@goodshepherdvancouver.org.

NEWS OF THE G.R.E.A.T. GROUP



Monday, March 7, will soon be here, and the GREAT Group will meet for potluck and a program in the parish hall at noon. Our guest performer will be Alice Derryberry; teacher, actress, musician, artist and longtime COGS member. She promises "interactive" drama which will be a lot of fun. So, bring a dish to share and invite a friend to join the group. Questions? Call Betty Yingling at 256-2956

SHROVE TUESDAY PANCAKE SUPPER

Shrove Tuesday, March 8 (from 5:00PM to 7:00PM in the parish hall), is fast approaching and the Good Shepherd men and acolytes, under Earle Ellis' leadership, are mobilizing for this annual tradition in the life of our parish.

If you would like to help Earle and his team out, please see Earle or contact him at 944-5533; or ebel-lis5@pacifier.com. We could really use the extra help in order to make this a special occasion.

The all-you-can-eat menu includes pancakes and syrup, sausage, apple sauce, juice, coffee, tea and milk. The cost for adults is \$2, the cost for children 6-12 is \$1 and children under 5 are Free. The maximum cost for any family is \$7.



LIVING ALONE AND LAUGHING A LOT LA GROUP

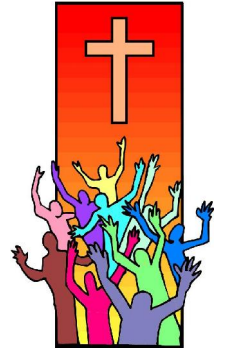
Our group will be meeting for lunch at 1 pm on Sunday, March 13th at Ruby Tuesday (Mill Plain and 164th Avenue). Please join us for good food, good laughs and to learn about several very interesting activities planned for spring—a labyrinth walk, plays at the University of Portland, an English tea. If you have any questions, please call Carolyn Berkey at 254-7985 or Nancy Fritz at 571-5028.

DAYLIGHT SAVINGS TIME -- MAR. 13

Don't forget to set your clocks ahead before you go to bed on Saturday, March 12!

GOOD SHEPHERD HOSTS SPRING HYC! YOUTH NEED YOUR HELP!

The weekend of March 25-27... Good Shepherd will be filled with the enthusiasm, energy and spirit of teens from across the Diocese. We have the honor of hosting the Diocesan sponsored High School Youth Conference this spring. This event allows teens to come together in a larger community setting and gives them time to share, worship and fellowship with each other. In order to make this event a success for our youth, Youth Ministries needs the help of the Good Shepherd community.



How can you help? We need a few individuals to coordinate housing and meals/kitchen. We also need parishioners to be a "host" home for 3-4 youth while they are here. If you would like to help, please see the enclosed insert. For more details please contact Danielle at 892-7770 or at home 546-0236.

DID YOU KNOW?

Did you know that a directory assistance call (555-1212) with connection costs the church \$3.49? If you need to use directory assistance at the church, please use a free service: 1-800-BING-411 (1-800-246-4411) for businesses or 1-800-FREE-411 (1-800-373-3411) for residential or business. Or, if possible, log onto www.dexknows.com. Thank you.



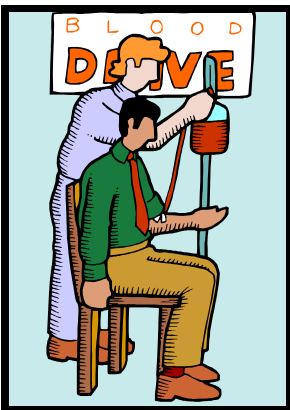
BLOOD DRIVE SCHEDULED FOR MARCH 14

A Red Cross Blood Drive is scheduled at Church of the Good Shepherd on Monday, March 14, 2011. Appointments are available between 2:00-7:00 PM with check-in planned for the Youth Building.

Donors age 16 years old and older can sign up in the narthex, online at www.givelife.org (use the code: goodshepherdvanco) or by phoning the Goforth family.

In preparing to donate blood, you can contact the Red Cross (on the above website or by phoning: 1-800-Give-Life) to ask questions related to travel and/or medical circumstances including medications one is taking. Once you have an appointment consider eating many iron-rich foods including legumes, beef, pork, clams, tofu, molasses and/or cereals such as cream of wheat or raisin bran. Vegetables with higher levels of iron content include: broccoli, spinach, beets, butternut squash and asparagus. Vitamin C helps the body to absorb iron. Foods high in Vitamin C include citrus fruits, strawberries, tomatoes and broccoli.

Our family is committed to offering a blood donation opportunity in memory of our daughter/sister Leah



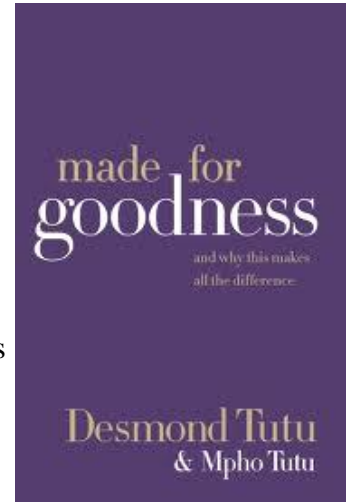
who benefited from many blood product transfusions. Available blood products made a difference for Leah as they do for many in southwest Washington. Those experiencing various medical conditions or surgery will be grateful for your donation! So, contribute to the greater community by scheduling your appointment today.

ADVENT WREATH RETURNS

We would appreciate the return of Advent wreath bases, garland, and pinecones to the box marked "Advent Wreath Returns" which is located in the front entry of the church or to the Children's Education Building. Thank you!

BISHOP RICKEL'S LENTEN BOOK SELECTION

Dear Ones,
As has already been published my Lenten book selection for 2011 will be Desmond and Mpho Tutu's book, *Made for Goodness: And why this makes all the difference*. As you are probably already aware Archbishop Tutu will be in Western Washington, Tacoma to be precise, on May 12-14 to speak against violence among youth for the Greater Tacoma Community Foundation. We are working on all the details of the visit but as a lead up to his visit I thought it would be only right to spend Lent looking at this very good book which I have just finished myself. We are fortunate indeed that the book comes out in paperback on March 8th, Shrove Tuesday. It is currently available in hardback and on Kindle.



As in past Lenten studies, I will be blogging each week as we travel through the book. I will provide a suggested schedule in the next few days but feel free, as I know you will, to fashion the study as you feel it fits locally. And as you run upon good ideas please be sure to send them on to me so we might share them with others who are taking the journey....

Taken from Bishop Rickel's Feb. 27th blog entry at: <http://www.bishoprickel.com>

HEART OF WHOLENESS THANKS

Thank you to everyone who helped with the "Heart of Wholeness" weekend. We had over 150 people participate in the event! The Worship led by Shepherd Song was glorious and all of the workshops were well received.

If you want to hear Rev. Dr. Russ Parker's talks again or missed them, you're in luck! Lynn Tompkins taped them and they are available on the Church website (www.goodshepherdvancouver.org), just click on "Sermons."

Thank You, Order of St. Luke Chapter, for all your hard work and many prayers on behalf of Good Shepherd!

SPRING WOMEN'S RETREAT AT MENUCHA

Mark your calendars! Mary Sicilia and Shelly Fayette will be leading a retreat for women May 13-15. We will be focusing on the lives of the fascinating and brave women of the Hebrew Scriptures. The retreat will run from Friday evening until late Sunday morning. Limited scholarships are available. Contact Rev. Shelly for more information (892-7770 or shellyf@goodshepherdvancouver.org).



CHILDREN'S PRAYER WALK OF THE PASSION

Saturday, April 16
2nd - 6th grade: 3:00 - 4:00 PM
Age 3 - 1st grade: 3:45 - 4:45 PM

Children age 3 through the 6th grade are invited to experience the Prayer Walk, led by Fr. Tom. The Prayer Walk is a participatory overview of the Holy Week events of Jesus' life that will help children understand more about this special time in the church year. The walk begins with Jesus' entry into Jerusalem, and continues with the Last Supper; the arrest, trial, and crucifixion; the procession of the cross; and the resurrection. Parents/guardians of the younger group of children are asked to attend with their child (ren), and most welcome to attend with their older children. Don't miss this wonderful opportunity!

There are two age groups with different times to attend. If a family has children in more than one age group there will be supplies available to make Easter cards, or they can help plant flowers in the church courtyard.

Registration forms are available on the table in the narthex, or from your child's chapel or Sunday school leaders. Please pre-register children by April 10th. Friends are always welcome! Contact Kara Urich with questions through the church office at 892-7770 or email: karau@goodshepherdvancouver.org



SEEKING THREE DISCERNING HEARTS

We are blessed at Good Shepherd to have one more person enter the discernment process for ordained ministry! This person is discerning a call to the priesthood, and we need three people who can commit to once-per-month meetings to be journeyers and co-discerners. Discernment groups are small groups each person in the group comes to the group with something they are thinking about and discerning, and the group mutually, in love and service, listens and offers their hearts. If you are called to serve in this way, please contact Rev. Shelly at 892-7770 or shellyf@goodshepherdvancouver.org.

MEN'S SPRING RETREAT



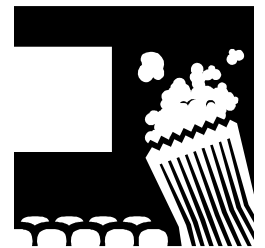
The men of Good Shepherd will have their spring retreat May 20-22 at the diocesan retreat & conference center, St. Andrew's House, on the beautiful Hood Canal in Union, WA. Mark your calendars NOW and plan on joining the men of the parish as we gather and share our journeys together. More information will follow. Questions, talk to Fr. Tom, 892-7770 or tomw@goodshepherdvancouver.org. Thank you!

SAINTS AND SINNERS OF THE SILVER SCREEN -WINTER 2011-

1st & 3rd Sundays
7:00-9:30 pm
in the Youth Building

For older teens and adults

March 20 - Lady Jane. In this film we'll deal with the beginnings of the Protestant Reformation in England and examine the doomed life of Lady Jane Gray, a remarkable young woman of conscience who is fated to rival Mary Tudor for the throne of England. Helena Bonham Carter in her first starring movie role is remarkable as the feisty, vulnerable and compelling Jane Gray.



Youth



News

All youth Sunday School

Rite 13 (6th-8th grades)

Mar. 6: Lenten Soup Supper Prep

Mar. 13: Lenten Soup Supper! During Sunday school, we will work on our Lenten Soup Supper jobs. Rite 13 youth need to be back to the church **by 1:45PM** to start cooking the soup, setting tables, set up for our worship service. Lenten Soup Supper will start at 5:30PM and end by 7PM.

Mar. 20: Images of God-“Opening the Heart”; Review Lenten Soup Supper

Mar. 27: “Opening the Heart” (cont.)

J2A (9th – 12th grades)

Mar. 6: Transfiguration: Becoming Like Christ
Matthew 17:1-9

Mar. 13: Confronting Temptation: Having the Confidence and Conviction of Christ
Matthew 4:1-11

Mar. 20: Born of the Spirit: And what does that mean? John 3:1-17

Mar. 27: Loving People Because People Matter:
Reaching out to sinners like me
John 4:5-42

Youth Group Happenings

Mar. 9: ASH WEDNESDAY - 7PM. Join us in the sanctuary as we participate in this Ash Wednesday service.

Mar. 16: Baking/Outing.

Middle School Youth: Baking cookies and goodies for HYC.

High School Youth: I Love π ! We'll be meeting at church and going to Shari's for PIE! Bring \$2 if able.

Mar. 23: Service Night! Serving Our College Friends! We will be skyping with some of our college youth. Afterwards, we will put together some packages to let them know we care. Please bring goodies to fill the care package!

Mar. 30: Come Together!

Middle School Youth: Food Fear Factor

High School Youth: Guest Speaker!

VACATION BIBLE SCHOOL

“Inside Out & Upside Down on Main Street”

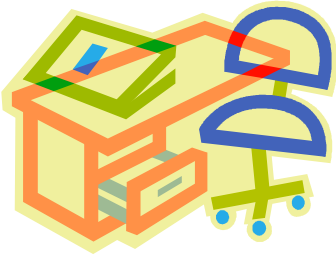
June 27th – 30th (Monday – Thursday)

9:30 AM – 1:00 PM

Children's Ministries is excited to offer a brand new Vacation Bible School program, “Inside Out & Upside Down on Main Street” this summer. VBS is open to children age 4 through the 6th grade. Friends are welcome to attend! Each day will be filled with fun, music, games, projects and snacks, and other kid-friendly activities. Main Street will help all of us to see how Jesus can make a difference every day. Kids will be challenged to talk about Jesus' parables, put the Word on the Street into action, and make choices that serve others!

Mark your calendars now with the dates and time. Children's registration forms will be available May 1st. Many youth and adult volunteers are needed to help staff this program. Please consider how you'd like to help make our summer program successful. On-site volunteer's younger children will be accommodated: age 3 can attend the program, and infant – 2 years old will be cared for in the nursery. Volunteer forms will be available soon. Contact Kara Uhrich at 892-7770 or email: karau@goodshepherdvancouver.org if you have any questions.





SUMMER CHURCH OFFICE VOLUNTEER NEEDED

Interested in a volunteer position filled with light and laughter? Our Monday morning office volunteer for summer is unavailable this year. Would you be interested in filling in Monday mornings from 9-12am this summer? The position is short-term and ends in September.

Assisting Anne Brown, our office administrator, includes light telephone and reception duties. You would be a part of our church's daily operations and work with our wonderful staff. It's an ideal volunteer opportunity for teachers and others who cannot commit during the school year. Most of all, it's a fun way to start your week!

Call the church office for details at 892-7770.

DIRTY DISHRAG MINISTRY?

If your ministry uses the kitchen, please remember to take the dishtowels you use, or any others you may find to the right of the sink, home and wash them, returning them as soon as possible. Thank you!

THANK YOU FROM VIDA'S ARK

Thank you Good Shepherd Folks for your generous contribution to Vida's Ark. I am delighted at the overwhelming response we received in donations for this great ministry. When I dropped off the much needed household items the house mom told me that they do two drives a year to accumulate their needs, but with our generous donations it looks like they only need to do one! Good job church! For those of you who asked: They would love to have donations of maternity clothes, cribs, high chairs, baby clothes, etc. The only thing they can not take is car seats. They run a resource center where teenage girls can get necessities, do a clothing exchange, and earn points towards items. If you are interested in donating items you can email me at se-lene.nesland@gmail.com Once again- Thank you!

CHAT WITH THE VESTRY

Members of the Vestry will again be available Tuesday, April 5th, from 6:00-6:55pm in the Parish Hall.

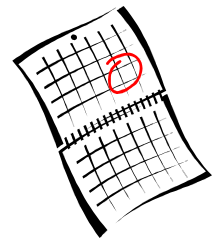
If you need child care or a ride, please let a member of the vestry know no later than March 29. Contact information is available in the church entryway and on the web.

We continue to look forward to dialoguing with the congregation.



NEWSLETTER DEADLINE CHANGE

We've reworked our newsletter publishing schedule to create a more predictable schedule. Beginning in the fall, the Good News will be published the first and third weeks of the month. In the summer months (June, July and August), we will publish only once during the second week. You can continue to look for deadline reminders in the newsletter and via email.



~Thank you! Jennifer & Cheryl

LOVE, LAUGHTER AND SHARING WOMEN'S CELEBRATION AND TEA

Save the Date, Saturday, May 7, 11:00 - 1:00 for the "Love, Laughter and Sharing" Women's Celebration and Tea.

Start polishing those silver tea services and get out your china tea cups! Contact Saran Warne, 258-0134, or Barbara Leroy, 253-7173, if you'd like to sponsor a table with your tea cups and/or silver service.



The Good News

Church of the Good Shepherd
805 SE Ellsworth
Vancouver WA 98664

Return Service Requested

Non-Profit
U.S. Postage
PAID
Vancouver WA
Permit #455

How do I get something into the newsletter? It's easy!

- Send it in an email to goodnews@goodshepherdvancouver.org
- Or turn hard copy or disk in at the Parish Hall mailbox marked Newsletter, and call the church office at 892-7770 to let us know its there.
- Please be aware contact information in your article may be viewed by anyone accessing our website. Contact us for concerns and other options.

Thank you,
Cheryl Armstrong and Jennifer Myers-Power, editors

What's Inside

PAGE 4	BLOOD DRIVE
PAGE 5	MEN'S & WOMEN'S RETREATS
PAGE 6	INSIDE OUT & UPSIDE DOWN ON MAIN STREET

Next Newsletter Deadline:
Sunday, March 13, 2011
Will be mailed: March 17, 2011

The Good News is published
every other week
during the school year;
every third week
during the summer.