

MEET THE WORKSHOP LEADERS

1. A SIMPLE INTRODUCTION TO CENTERING PRAYER

Clemie Perslin presents Introductory Centering Prayer Workshops and Follow-up sessions. She attended Formation for Contemplative Outreach Services in Vancouver, British Columbia, Canada in April of 2006. She has been practicing Centering Prayer since 1992. She is a retired librarian, a Lay Eucharist Minister and a member of the Centering Prayer community at Church of the Good Shepherd. She lives with her husband in Salmon Creek.

2. MEDITATIONS WITHOUT LIMITATIONS

Rocco Tedesco is the Co-Convener for the Order of St. Luke at the Church of the Good Shepherd in Vancouver, Wa. He is a Native American Healer and Holy Man. Rocco is also an ordained minister and holds a PhD in Sociology. Raised in New York and California, he served as an expert witness for the Superior Court in California for six years. Rocco was honorably discharged from the U.S. Navy after 3 tours in Vietnam.

3. ADDICTION-A SEARCH FOR WHOLENESS

Sandi St. Claire has actively studied and practiced Twelve Step Spirituality since 1999. From the early 1970's to 1999 she searched for a design for spiritual living that could fill the "hole in soul" that plagues many of us and than can only be filled by a Loving Higher Power. In 1999 she surrendered into Twelve Step Spirituality with the desperation of a drowning woman searching for a life preserver.

Sandi has experienced many religious sojourns in her search, from Baptist to Presbyterian to Latter Day Saints to Presbyterian to Episcopalian and has found every sojourn was a stepping stone to the next spiritual discovery. Sandi has experienced the difference between the religious life and the spiritual life. They CAN be the same but not necessarily. However, the experience of going to a Loving Higher Power for healing from addiction, using the tools of Twelve Step Spirituality, has wrought a faith that can function in any religious experience or no religious experience. The freedom from addictive thinking, addictive worry, using the drug of adrenaline and letting go of the addiction to people, places, things and conditions has brought "the peace that passes all understanding", one day at a time.

4. REPAIRERS OF THE BREACH: SERVICE AS HEALLING

The Rev. Shelly Fayette serves the Church of the Good Shepherd in Vancouver, WA. She grew up in rural central Washington, attended Seattle University and Union Theological Seminary in New York, and has served parishes in Harlem and eastern Oregon. She is passionate about economic and social justice as healing work for the Kingdom of Christ.

5. UNDERSTAND OUR RELATIIONSHIP WITH ALCHOL THROUGH DEVELOPING A RELATIONSHIP WITH SELF

Guadalupe Aragón is a dedicated life coach with an emphasis on substance use and addictions. In addition to holding her certification as an Alcohol and Drug Counselor, she holds a Bachelor of Arts degree in Sociology from the University of California at Berkeley. Guadalupe utilizes her knowledge and desire to improve the quality of life of those around her within her community daily as well as through her work at PeaceHealth Southwest Washington Medical Center where she has worked for almost six years. If you have ever asked your self "Why can't I just stop drinking?" or asked about a loved one "Why can't he/she just stop drinking? then this workshop is for you! By attending this workshop you will come away with a better understanding of how substance use can evolve to addiction, gain helpful and more useful tools, and obtain resources in your community!

6. Survivors Strength and the Healing Process

Joan M. Renner Director of YWCA Sexual Assault Program
Joan has been working in the field of sexual assault for 32 years. In 1980 she was one of the founders of the YWCA Sexual Assault Program, and she has continued as program director. Joan has been actively involved with the Washington Coalition of Sexual Assault Programs for years, currently serving as Chair of the Board. Joan continues to be a prime resource on victim advocacy in Washington State, having provided many statewide and national trainings and served on numerous other statewide committees. She is involved in her local community, serving on the board of the Children's Justice Center and the Clark County Domestic Violence and Sexual Assault Task Force ,to name a few. A past recipient of the Clark County Women of Achievement Award, Joan has also been honored by Washington Women United and the Governor of the State of Washington for her years of service and dedication to eliminating violence. In 2011 she was honored by the Bank of America as a Clark County Community Hero and was one of twenty people in the country to receive The Visionary Voice Award from The National Sexual Violence Resource Center.

7. EXPERIENCING GOD'S HEALING

Frank and Lori Anderson Frank has been involved in healing ministries for 30 years. Lori and Frank currently serve together as Region VI Chaplains for the Order of St. Luke the Physician (OSL). In addition, they serve locally as Chaplains for three Washington OSL Chapters in King and Pierce Counties. They are also on staff at Westside Foursquare Church. "We affirm that God's healing power operates within Believers as the Body of Christ on earth. All of us are instruments of the various ways God chooses to heal." Together they have 6 children and 17 grandchildren and live in Burien, Washington.

8. CHRISTIAN LISTENING" A FOCUS ON LISTENING EXERCISE

Dr. David R. Ball Saran is my beloved daughter. I grew up in Swansea, in Wales. My paternal grandmother, Nan, regularly took me to the local Anglican Church. To this day, I love the liturgy. After phases of Welsh Baptist, no church and Presbyterian, it is great to be an Anglican again. In 1973 I accepted a transfer with Union Carbide to continue working in research and development on graphite at the Parma Technical Center, near Cleveland, Ohio. So we moved from Sheffield to Bay Village. Saran was only 5, Richard 3 and MJ 2. My faith matured at the local Presbyterian Church. Eventually, Carol and I team taught Bethel Bible study and we both became involved in Healing Ministry. We connected with the Order of St. Luke and for a while I was the Convener of the local Chapter and facilitated several annual Healing and Teaching weekends. I first met Russ Parker four years ago when he was our featured speaker. Currently, I'm involved in bringing Christian Listeners to the USA. In retirement my big project has been to write a narrative about my late father's WW2 service. (I was born shortly after his return from Dunkirk). In late 2011 "My Father's War" was published. I love to spend time with Carol, my wife and with our nine grandchildren who live in Maine, Maryland and Washington.

9. WHAT'S YOUR LOVE LANGUAGE? KEYS TO SUCCESSFUL RELATIONSHIPS

Terri Gilbride has been involved in youth and family life ministry at the parish and diocesan level as a staff member and volunteer for more than three decades. She is certified teacher of Parenting with Love and Logic and the Dynamic Marriage course from Family Dynamics Institute. She has been active in ministry to married couples and marriage preparation for engaged couples; led Bible studies and theological study groups for parents, women, and teens; helped organize conferences and retreats for youth and young adults; and conducted adult and family catechesis events at the parish level. She is a past board member of Thriving Families of Clark County. She served as a Pastoral Assistant for Family Life Ministry at St. Joseph's Catholic Church.