

## **30-Hour Famine**

Dear Good Shepherd Family,

My name is Alison Lehner and I am a senior at Camas High School. I have been attending Church of the Good Shepherd for many years and I would like to inform you of an event that is coming up. I am hosting a 30-hour Famine through World Vision for my senior project on Friday, February 26<sup>th</sup> through Saturday, February 27<sup>th</sup> at Good Shepherd for youth from our church, the Diocese of Olympia, and my high school. We will begin fasting by using the "honor system" at 4:00 pm on Friday afternoon, and meet at the church at 6:00 pm that evening to begin our activities. This event is a lock in, so we will be staying in the youth building for the night.

### **What is the 30- Hour Famine?**

-The 30-hour Famine is designed to raise awareness of the poverty which is present in our world, and also provide a period of time to explore our faith in Christ by fasting for 30 hours. During our time together we will take a trip to Portland to feed the homeless by participating in a night-strike styled event as well as other activities throughout Saturday. We will close the 30 hours on Saturday night with compline and a small meal which will resemble that of a third world country.

-By raising money for the World Vision organization, there are hundreds of different ways to support under privileged countries. Through the non-profit, \$30 is enough to feed one child for an entire month. My goal is for each participant to pledge/raise that amount of money. During the famine, youth will discuss options and choose where we would like to have the money designated.

### **How Can YOU Support the 30 Hour Famine?**

- Help drive youth and chaperone for a portion of the time.
- Help prepare the small meal we will be eating at the end of the famine.
- Attend the compline service at 9:00 pm on Saturday night.
- Help support the youth who are raising \$30.00 in pledges.
- Pray for the youth participants during the 30 Hour Famine.

If you have any questions, or are interested in volunteering please contact me at (360) 773-7910, or my email address, [Lehnerx6@comcast.net](mailto:Lehnerx6@comcast.net). Thank you for your support!

Blessings,

Alison Lehner